

Appendix 5 – Evidence of Improved Outcomes from Family Intervention Projects

Key Findings

- Both the County Family Intervention Project and the Melton Family Intervention Project report significantly better outcomes than the national average across all domains of crime, anti-social behaviour, employment, education, family functioning, health and housing.
- The domains with the most successful outcomes are housing and crime/anti-social behaviour.
- The domains with the least successful outcomes are mental health and physical health yet addressing mental health issues such as stress, anxiety, lack of confidence and depression are seen by practitioners as key factors to improving other outcomes for families. Even though these are the least successful outcomes they still achieve better than nationally reported outcomes.
- The County profile of families and the Melton profile of families who have received interventions are so similar as to be statistically identical in most aspects. Key areas of difference are:
- The County cohort included a number (18% of closed cases) of single parent father families compared to just one family in the Melton cohort.
- The Melton cohort included 25% of families from home owners compared to none in the County cohort.
- All of the families who have been through a FIP programme are regarded as “Troubled Families” within the definition included within the Leicestershire Business.

NAT CEN FIP RESEARCH: Outcomes for families exiting FIP

Outcome Improvements Recorded:

- Families involved in ASB
 - **A Reduction of 58%** to 34%
- Families involved in Crime
 - **A Reduction of 41%** to 20%
- Children with behavioural /truancy problems
 - **A Reduction of 53%** to 28%
- Risks from poor family functioning (*DV, family breakdown, child protection*)
 - **A Reduction of 47%** to 16%
- Child protection plans
 - **A Reduction of 34%** to 18%
- Health risks including mental, physical health and substance misuse problems
 - **A Reduction of 34%**
- In worklessness (ETE)
 - **A Reduction of 14%** to 58%

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Local FIP Evaluation Outcomes for families in Leicestershire

- Families involved in crime
 - Reduced from 63% to 15% (**a 77% reduction**)
- Families involved in ASB
 - Reduced from 90% to 7% (**a 92% reduction**)
- Worklessness (Not in ETE)
 - Reduced from 63% to 42% (**a 35% reduction**)
- Families with behavioural/truancy problems
 - Reduced from 83% to 22% (**a 50% reduction for behaviour problems & an 88% reduction for truancy**)
- Risks from poor family functioning
 - Reduced from 100% to 63% (**a 37% reduction**)
- Child Protection Plans
 - Reduced from 41% to 17% (**a 58 % reduction**)
- Health risks (mental, physical and substance misuse problems)
 - Mental health - Reduced from 93% to 76% (**an 18% reduction**)
 - Physical Health – Reduced from 49% to 37% (**a 25% reduction**)